



MOVIE-ON



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*Location: Riverside Park Hotel Enniscorthy.*

*Sign On 9:30am. €10.00*

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# LADIES LEISURE CYCLE



Saturday 10<sup>th</sup> April, 2010

- \* Getting women of all ages and fitness levels together
- \* Encouraging participation in cycling
- \* All ages, ability and fitness welcome
- \* Group pace adapted to the



• Including water bottles  
• You can bring your own  
• All provided in a bib and  
• helmet

**Location:**  
Swinford Community Centre  
Sign on time 10:00am

For more information  
Contact us on (090) 3149333  
www.connachtcycling.ie

